

4 DAYS & NIGHTS OF 100+ LIBERATING PERFORMANCES, WORKSHOPS & PANELS
NEW & IMPROVED 5000 CAPACITY VENUE AND MANY MORE IMPROVEMENTS!

2024 FESTIVAL SCHEDULE



MUSIC & ARTS FESTIVAL



APOLLO CENTRE
SPRINGFIELD FARM
ST ALBANS, HERTFORDSHIRE

AUGUST 8TH - 11TH

2024

WE'RE BACK AND BETTER THAN EVER!



Above: Getting arrested for the first time for jamming in a park in February 2021. Note the policeman with the mask over his eyes- oops!
Right- at our debut festival in 2023



Some words from Cambel McLaughlin, Jam for Freedom Founder

I'd like to start this message off by saying a massive thank you to all those helped made our first festival happen, from all the fantastic guests, volunteers, artists, staff, and you! To quote the **World Council for Health's** post-festival blog: *'It was inspiring to see the attendees, volunteers, and musicians continually overcome the various challenges that arose throughout the event.'* Myself and the team has learnt so much!

The production company that caused us difficulties in our first year have been run out of business (*Events Gear LTD*) as I successfully sued them twice and won (although with their company being finished we're still owed £22k). In brighter news, this years production is being run by the highly-rated team behind **Right Said Fred's** concerts as well as other massive names in music.

A big win here!

Our brand-new venue at the leafy *Springfield Farm* has been hand-picked after visiting multiple sites across England. It's gorgeous, well-maintained and the site owner lives on site and runs a successful activities business from it. It has almost twice as much space as last year! He loves the concept and the good vibes, so we're hoping to make this our festival home. You'll love it!

Free-spirited musicians, creatives and thinkers are once again flying from across the world to join the fun including brilliant new acts, workshop hosts and positive-change makers. It's all happening and we can't wait to host you back again for some more smiles and real-life connection!

In summer 2020 I started this project to encourage people to dance and jam away their fears and it's amazing to see how far we've come.

See you on the farm!



THURSDAY SCHEDULE



8TH AUGUST



MAIN STAGE

-HOSTED BY DEBBIE HICKS, KEEP IT CASH

FREE SPEECH MAG STAGE

9.30-10.30: JAM FOR FREEDOM SUPER JAM
HOSTED BY JAM FOR FREEDOM IRELAND

6.00- 7.00: ROBIN HOOD AND THE POISONED
ARROW: AN AWAKENED PANTO

2.20-3.00: MARTIAL ARTS & FITNESS FOR ALL AGES

1.40-2.10: MEDITATION HOSTED BY PHILLY J LAY

1.05-1.35: BREATHWORK AND SOUND BATH HEALING

12.20-1.00: YOGA SESSION HOSTED BY KIM + SEAN



EXPRESSION MANCHESTER CREATIVE CORNER
ALL DAY CREATIVE WORKSHOPS, ACTIVITIES & STALLS

CORACLE BUSHCRAFT AND FORAGING TENT
DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR



MAD MIX AND THE RESISTANCE

6.45-6.55 LIVE FIRE PERFORMANCE

5.55-6.35 TINNED PEACHES

5.05-5.45: JULIAN WENN (SOUTH AFRICA)

4.05-4.45: JOHN PRESTON TRIBUTE BAND

3.15-3.55: THOUGHT HOOLIGANS

2.25-3.05: BENJI KIRKPATRICK

1.30-2.15: JOL ROSE

LATE NIGHT DJ SETS FROM:

8.40-9.45: DJ CROOKSY

9.45-11.00: **MANŒUVRE**



JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MGR

12.00=2.00: CIRCUS AND MUSIC JAM

3.00-5.00: MINDFUL PLAY: MEDITATION,
MANDALA MAKING & MUD FACES

6.00-6.30: SOBER FAMILY RAVE!

BOUNCY CASTLE OPEN FROM 11AM TO 5PM

-ART GALLERY-

- JAKE FERN: OIL PORTAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING

PLUS... FIREPIT AND FREEDOM PUB OPEN FOR
LATE NIGHT JAMS + SURPRISE PERFORMANCES

INFORMATION STALLS AND
MUCH MORE FROM:



FREE ENTRY TO ALL CHILDREN UNDER 12. YOUTH + CONCESSIONS TICKETS WITH NO BOOKING FEES AT:

JAMFORFREEDOM.COM





FRIDAY SCHEDULE

9TH AUGUST

MAIN STAGE

-HOSTED BY PATRICK HENNINGSEN, TNT RADIO-

6.50-8.40: *Joseph Arthur*
FIVE TIMES AUGUST

6.20-6.30: LIVE FIRE PERFORMANCE

5.35-6.15: LOUISE DISTRAS

4.50-5.25: THIS MACHINE KILLS ARCHONS

4.00-4.40: THE VANDALIS

3.10-3.50: SIOBHAN O'BRIEN (IRELAND)

2.30- 3.05: BRYAN MACPHERSON (USA)

1.50-2.20: MICHAEL DE SOUZA

1.05-1.40: TREVOR JOHN

12.10-12.55: THE FREEDOM ENSEMBLE

LATE NIGHT DJ SETS FROM:

8.40-9.45: DJ MISS VIXEN

9.45-11.00: *LANGE*



JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MCR

12.00-2.00: CIRCUS AND MUSIC JAM

3.00-5.00: MINDFUL PLAY: MEDITATION +
NATURE PICTURE FRAME MAKING

5.30-6.00: SOBER FAMILY RAVE!

BOUNCY CASTLE OPEN FROM 11AM TO 5PM

-ART GALLERY-

- JAKE FERN: OIL POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING
- PLUS... FIREPIT AND FREEDOM PUB OPEN FOR LATE NIGHT JAMS + SURPRISE PERFORMANCES

FREE SPEECH MAG STAGE

9.00-10.00: JAM FOR FREEDOM USA SUPER JAM
HOSTED BY KURT A SHORE & FRIENDS

5.00-6.00: COMEDY HOUR FEATURING:
NICHOLAS DE SANTO, JAY MACK

2.00-3.15: TALK AND PANEL: NATURAL HEALTH
WITH DR TESS LAWRIE, DR KAT LYNDLEY
(USA) DR STEPHAN BECKER (AUSTRIA)

12.15-1.30: TALK AND PANEL: WHEN PUSH COMES TO
SHOVE. WITH NICKITA STARK, ANGELA
CHAMBERLAIN AND JEANETTE FAULKNER

11.20-12.00: MARTIAL ARTS & FITNESS FOR ALL AGES

10.40-11.10: MEDITATION HOSTED BY PHILLY J LAY

10.05-10.35: BREATHWORK AND SOUND BATH HEALING

9.30-10.00: YOGA SESSION HOSTED BY KIM + SEAN

* EXPRESSION MANCHESTER CREATIVE CORNER *

ALL DAY CREATIVE WORKSHOPS, ACTIVITIES & STALLS

CORACLE BUSHCRAFT AND FORAGING TENT

DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR

INFORMATION STALLS AND MUCH MORE FROM:



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SATURDAY SCHEDULE

10TH AUGUST

MAIN STAGE

FREE SPEECH MAG STAGE

-HOSTED BY DAN ASTIN-GREGORY & MICHAEL DE SOUZA-

RIGHT SAID FRED

7.15-8.15:

9.30-10.30: JAM FOR FREEDOM SUPER JAM

5.30-6.30: COMEDY HOUR FEATURING:
AIDAN KILLIAN AND SPECIAL GUESTS

7.05:7.15 LIVE FIRE PERFORMANCE

2.00-3.15: TALK AND PANEL: PROTECTING WOMEN AND WOMENS SPACES WITH LOUISE DISTRAS, THE FAMOUS ARTIST BIRDY ROSE, STEPHANIE DAVIES-ARAI & GAYS AGAINST GROOMERS

6.05-6.45: RYAN SANDERS (LIVE)

12.15-1.30: PRESENTATION AND Q&A:
GAYS AGAINST GROOMERS (USA)

5.00-5.50: FUNKY FATHERS (USA)

4.10-4.50: LIV SANGSTER

3.30-4.00: MEW3REE

2.35- 3.15: THE LOOKOUT

1.45-2.25: ROB MYJOB (USA)

11.20-12.00: MARTIAL ARTS & FITNESS FOR ALL AGES

1.00-1.35: VVZYK (FRANCE)

10.40-11.10: MEDITATION HOSTED BY PHILLY J LAY

12.10-12.50 OPERA FOR THE PEOPLE

10.05-10.35: BREATHWORK AND SOUND BATH HEALING

LATE NIGHT DJ SETS FROM:

9.20-10.00: YOGA SESSION HOSTED BY KIM + SEAN

8.20-9.45 NORRIS 'DA BOSS' WINDROSS

* EXPRESSION MANCHESTER CREATIVE CORNER *
ALL DAY CREATIVE WORKSHOPS, ACTIVITIES & STALLS

'THE GODFATHER OF GARAGE'

CORACLE BUSHCRAFT AND FORAGING TENT

9.45-11.00: TANGERINE BANDIT WITH LIVE LOOPING INSTRUMENTS

DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR



JAM FOR FREEDOM KIDS

INFORMATION STALLS AND MUCH MORE FROM:

ALL DAY ACTIVITIES IN THE JFF KIDS TENT HOSTED BY JOINAVISION AND EXPRESSION MCR



12.00-2.00: CIRCUS AND MUSIC JAM

3.00-5.00: MINDFUL PLAY: MEDITATION, VARIOUS CREATIVE FUN!



6.00-6.30: JUKEBOX JUICEBOX HOSTED BY FIVE TIMES AUGUST!

BOUNCY CASTLE OPEN FROM 11AM TO 5PM

-ART GALLERY-



- JAKE FERN: OIL POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING



PLUS... FIREPIT AND FREEDOM PUB OPEN FOR LATE NIGHT JAMS + SURPRISE PERFORMANCES



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SUNDAY SCHEDULE

* 11TH AUGUST *

MAIN STAGE

-HOSTED BY GAMBEL MCLAUGHLIN & SPECIAL GUESTS-

7.00-7.50:



8.05-9.05:



6.50-7.00: LIVE FIRE PERFORMANCE

5.50-6.40 AARON LIDDARD

4.50-5.30 HOLLOWBONE

3.55-4.40: BISHOPSKIN

2.50- 3.35: PETER CONWAY

2.00-2.40: DOOZER MCDOOZE

1.05-1.50: WHOM BY FIRE

12.10-12.55: GARETH ICKE

FREE SPEECH MAG STAGE

9.15-10.30: JAM FOR FREEDOM FINALE JAM
HOSTED BY PETER CONWAY & AARON LIDDARD

5.15-6.15: COMEDY HOUR FEATURING:
ALISTAIR WILLIAMS AND TANIA EDWARDS

12.50-1.45: TALK AND Q&A: RACE,
POLITICS, ART & JAZZ
WITH SEAN CORBY AND ANDY EDWARDS

11.20-12.30: TALK AND PANEL: THE FUTURE OF
FREE-THINKING ART WITH JOSEPH ARTHUR,
BRAD SKISTIMAS, KERRY MURRAY
AND SIOBHAN O'BRIEN

10.40-11.10: MARTIAL ARTS & FITNESS FOR ALL AGES

10.05-10.35: MEDITATION HOSTED BY PHILLY J LAY

9.20-10.00: YOGA SESSION HOSTED BY KIM + SEAN

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CORACLE BUSHCRAFT AND FORAGING TENT

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JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MCR

12.00-2.00: CIRCUS AND MUSIC JAM

3.00-4.00: MINDFUL PLAY: MEDITATION,
VARIOUS CREATIVE FUN!

4.30-5.15 FAMILY AND CHILDREN EMPOWERMENT
SESSION HOSTED BY NLP EXPERT DAVID MORDEN

-ART GALLERY-

- JAKE FERN: OIL POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE- 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN - SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING

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APOLLO CENTRE
SPRINGFIELD FARM
ST ALBANS
HERTFORDSHIRE



AUGUST
8TH TO 11TH

2024

NEW &
IMPROVED!
READ MORE
AT OUR
WEBSITE!

4 DAYS & NIGHTS OF 100+ LIBERATING PERFORMANCES, WORKSHOPS & PANELS



DAY TICKETS NOW ONLINE!



PICK YOUR FAVOURITE DAY AND JOIN THE FUN! STRICTLY LIMITED.

GLAMPING OPTIONS RETURN! NEW & IMPROVED!

INCLUDE BED FRAMES, REAL MATTRESSES, FULL BEDDING, MIRROR,
FREE REFRESHMENTS AND MUCH MORE! LIMITED SUPPLY!



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SPRINGFIELD FARM
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4 DAYS & NIGHTS OF 100+ LIBERATING PERFORMANCES, WORKSHOPS & PANELS

Joseph Arthur

FIVE TIMES AUGUST

LOUISE DISTRAS

RIGHT
SAID
FRED

LANGE

NORRIS
'DA BOSS'
WINDROSS

SONS OF
CREAM

MOBILUS

RYAN SANDERS, LIV SANGSTER, SIOBHAN O'BRIEN
MALCOLM BRUCE, AARON LIDDARD, GARETH ICKE
WHOM BY FIRE, MEW3REE, PETER CONWAY, PAUL G TERRY
VICTORIOUS BRIGHTON, OPERA FOR THE PEOPLE, BISHOPSKIN
DOOZER MCDOOZE, BRYAN MCPHERSON, THE FREEDOM ENSEMBLE
MICHAEL DE SOUZA, HOLLOWBONE, VVZYK, TEKNIK, TREVOR JOHN
THIS MACHINE KILLS ARCHONS, THE VANDALIS, ROB MYJOB, THOUGHT HOOLIGANS
THE LOOKOUT, DJ CROOKSY, DJ MISS VIXEN, DJ MANOEUVRE + MANY MORE!

EVENING COMEDY

ALISTAIR WILLIAMS, AIDEN KILLIAN, TANIA EDWARDS, NICOLAS DE SANTO, JAY MACK

PANELS AND OPEN DISCUSSIONS ON HEALTH, CULTURE AND LIBERTY

DR TESS LAWRIE, THE FAMOUS ARTIST BIRDY ROSE, PATRICK HENNINGSON,
SEAN CORBY, GAYS AGAINST GROOMERS, PHILLIP RIDLEY (WAPF) AND MORE!

GET ACTIVE, CONNECTED AND REVITALISED

DAILY YOGA AND BREATHWORK, SOUND HEALING, MEDITATION, SOBER FAMILY
RAVE, BRAZILIAN JIU JITSU MARTIAL ARTS, LATE NIGHT BAR FOR JAMMING,
FIREPIT, ART GALLERY, CIRCUS PERFORMANCE, BOUNCY CASTLE
D'NB MORNING WORKOUT, MUSIC CLASSES, CHILDREN'S ACTIVITIES,
FINEST FOOD FROM MULTIPLE VENDORS

THE JUICEBOX
JUKEBOX

World Council
For Health

JOINAVISION

THE WESTON A. PRICE
FOUNDATION

ARNICA
UK PARENTS' SUPPORT NETWORK

FREE ENTRY TO ALL CHILDREN UNDER 12. YOUTH + CONCESSIONS TICKETS

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