

4 DAYS & NIGHTS OF 125+ LIBERATING PERFORMANCES, WORKSHOPS & PANELS
NEW & IMPROVED 5000 CAPACITY VENUE AND MANY MORE IMPROVEMENTS!

2024 FESTIVAL SCHEDULE



MUSIC & ARTS FESTIVAL



APOLLO CENTRE
SPRINGFIELD FARM
ST ALBANS, HERTFORDSHIRE

AUGUST 8TH - 11TH

2024



THURSDAY SCHEDULE



8TH AUGUST



MAIN STAGE

-HOSTED BY DEBBIE HICKS, KEEP IT CASH

FREE SPEECH MAG STAGE

9.30-10.30: JAM FOR FREEDOM SUPER JAM
HOSTED BY JAM FOR FREEDOM IRELAND

6.00- 7.00: ROBIN HOOD AND THE POISONED
ARROW: AN AWAKENED PANTO

2.20-3.00: MARTIAL ARTS & FITNESS FOR ALL AGES

1.40-2.10: MEDITATION HOSTED BY PHILLY J LAY

1.05-1.35: BREATHWORK AND SOUND BATH HEALING

12.20-1.00: YOGA SESSION HOSTED BY KIM + SEAN



EXPRESSION MANCHESTER CREATIVE CORNER
ALL DAY CREATIVE WORKSHOPS, ACTIVITIES & STALLS

CORACLE BUSHCRAFT AND FORAGING TENT
DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR

7.10-8.45:  **VICTORIOUS**
BRIGHTON
MAD MIX AND THE RESISTANCE

6.45-6.55 LIVE FIRE PERFORMANCE

5.55-6.35 TINNED PEACHES

5.05-5.45: JULIAN WENN (SOUTH AFRICA)

4.05-4.45: JOHN PRESTON TRIBUTE BAND

3.15-3.55: THOUGHT HOOLIGANS

2.25-3.05: BENJI KIRKPATRICK

1.30-2.15: JOL ROSE

LATE NIGHT DJ SETS FROM:

8.40-9.45: DJ CROOKSY

9.45-11.00: **MANŒUVRE**



JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MCR

12.00-2.00: CIRCUS AND MUSIC JAM

3.00-4.30: MINDFUL PLAY: MEDITATION,
MANDALA MAKING & MUD FACES

5.30-6.00: SOBER FAMILY RAVE!

PLUS: BOUNGY CASTLE OPEN ALL DAY!

-ART GALLERY-

- JAKE FERN: OIL PORTAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING

EVEN MORE FUN... FIREPIT AND FREEDOM PUB OPEN
FOR LATE NIGHT JAMS + SURPRISE PERFORMANCES

INFORMATION STALLS AND
MUCH MORE FROM:



FREE ENTRY TO ALL CHILDREN UNDER 12. YOUTH + CONCESSIONS TICKETS WITH NO BOOKING FEES AT:

JAMFORFREEDOM.COM





FRIDAY SCHEDULE

9TH AUGUST

MAIN STAGE

-HOSTED BY PATRICK HENNINGSEN, TNT RADIO-

6.50-8.40: *Joseph Arthur*
FIVE TIMES AUGUST

6.20-6.30: LIVE FIRE PERFORMANCE

5.35-6.15: LOUISE DISTRAS

4.50-5.25: THIS MACHINE KILLS ARCHONS

4.00-4.40: THE VANDALIS

3.10-3.50: SIOBHAN O'BRIEN (IRELAND)

2.30- 3.05: BRYAN MACPHERSON (USA)

1.50-2.20: MICHAEL DE SOUZA

1.05-1.40: TREVOR JOHN

12.10-12.55: THE FREEDOM ENSEMBLE

LATE NIGHT DJ SETS FROM:

8.40-9.45: DJ MISS VIXEN

9.45-11.00: *LANGE*



JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MCR

12.00-2.00: CIRCUS AND MUSIC JAM

3.00-5.00: MINDFUL PLAY: MEDITATION +
NATURE PICTURE FRAME MAKING

5.30-6.00: SOBER FAMILY RAVE!
PLUS: BOUNCY CASTLE OPEN ALL DAY!

-ART GALLERY-

- JAKE FERN: OIL POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING

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FREE SPEECH MAG STAGE

9.00-10.00: JAM FOR FREEDOM USA SUPER JAM
HOSTED BY KURT A SHORE & FRIENDS

5.00-6.00: COMEDY HOUR FEATURING:
NICHOLAS DE SANTO, JAY MACK

2.00-3.15: TALK AND PANEL: NATURAL HEALTH
WITH DR TESS LAWRIE, DR KAT LYNDLEY
(USA) DR STEPHAN BECKER (AUSTRIA)

12.15-1.30: TALK AND PANEL: WHEN PUSH COMES TO
SHOVE. WITH NICKITA STARK, ANGELA
CHAMBERLAIN AND JEANETTE FAULKNER

11.20-12.00: MARTIAL ARTS & FITNESS FOR ALL AGES

10.40-11.10: MEDITATION HOSTED BY PHILLY J LAY

10.05-10.35: BREATHWORK AND SOUND BATH HEALING

9.30-10.00: YOGA SESSION HOSTED BY KIM + SEAN

* **EXPRESSION MANCHESTER CREATIVE CORNER** *
ALL DAY CREATIVE WORKSHOPS, ACTIVITIES & STALLS

CORACLE BUSHCRAFT AND FORAGING TENT

DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR

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SATURDAY SCHEDULE

10TH AUGUST

MAIN STAGE

FREE SPEECH MAG STAGE

-HOSTED BY DAN ASTIN-GREGORY & MICHAEL DE SOUZA-

RIGHT SAID FRED

7.15-8.15:

9.30-10.30: JAM FOR FREEDOM SUPER JAM
HOSTED BY ROB MYJOB AND FRIENDS

5.30-6.30: COMEDY HOUR FEATURING:
AIDAN KILLIAN AND SPECIAL GUESTS

2.00-3.15: TALK AND PANEL: PROTECTING WOMEN AND
WOMENS SPACES WITH LOUISE DISTRAS, THE
FAMOUS ARTIST BIRDY ROSE, STEPHANIE
DAVIES-ARAI & GAYS AGAINST GROOMERS

12.15-1.30: PRESENTATION AND Q&A:
GAYS AGAINST GROOMERS (USA)

11.20-12.00: MARTIAL ARTS & FITNESS FOR ALL AGES
10.40-11.10: MEDITATION HOSTED BY PHILLY J LAY
10.05-10.35: BREATHWORK AND SOUND BATH HEALING
9.20-10.00: YOGA SESSION HOSTED BY KIM + SEAN

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JAM FOR FREEDOM KIDS

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ALL DAY ACTIVITIES IN THE JFF KIDS TENT
HOSTED BY JOINAVISION AND EXPRESSION MCR



1.00-2.00: CIRCUS AND MUSIC JAM
3.00-5.00: MINDFUL PLAY: MEDITATION,
VARIOUS CREATIVE FUN!



11.30-12.15: JUKEBOX JUICEBOX HOSTED BY
FIVE TIMES AUGUST!

PLUS: BOUNCY CASTLE OPEN ALL DAY!

-ART GALLERY-



- JAKE FERN: OIL POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE: 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN: SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING



EVEN MORE FUN... FIREPIT AND FREEDOM PUB OPEN
FOR LATE NIGHT JAMS + SURPRISE PERFORMANCES



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SUNDAY SCHEDULE

11TH AUGUST

MAIN STAGE

-HOSTED BY GAMBEL MCLAUGHLIN & SPECIAL GUESTS-

7.00-7.50:



8.05-9.05:



6.50-7.00: LIVE FIRE PERFORMANCE

5.50-6.40 AARON LIDDARD

4.50-5.30 HOLLOWBONE

3.55-4.40: BISHOPSKIN

2.50- 3.35: PETER CONWAY

2.00-2.40: DOOZER MCDOOZE

1.05-1.50: WHOM BY FIRE

12.10-12.55: GARETH ICKE

FREE SPEECH MAG STAGE

9.15-10.30: JAM FOR FREEDOM FINALE JAM
HOSTED BY PETER CONWAY & AARON LIDDARD

5.15-6.15: COMEDY HOUR FEATURING:
ALISTAIR WILLIAMS AND TANIA EDWARDS

12.50-1.45: TALK AND Q&A: RACE, POLITICS, ART & JAZZ
WITH SEAN CORBY AND ANDY EDWARDS

11.20-12.30: TALK AND PANEL: THE FUTURE OF
FREE-THINKING ART WITH JOSEPH ARTHUR,
BRAD SKISTIMAS, KERRY MURRAY
AND SIOBHAN O'BRIEN

10.40-11.10: MARTIAL ARTS & FITNESS FOR ALL AGES

10.05-10.35: MEDITATION HOSTED BY PHILLY J LAY

9.20-10.00: YOGA SESSION HOSTED BY KIM + SEAN

EXPRESSION MCR CREATIVE CORNER

ALL DAY CREATIVE WORKSHOPS, SOUND BATH HEALING, ACTIVITIES & STALLS

CORACLE BUSHCRAFT AND FORAGING TENT

DAILY WORKSHOPS HOSTED BY RICHARD TAYLOR



JAM FOR FREEDOM KIDS

ALL DAY ACTIVITIES IN THE JFF KIDS TENT

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11.30-12.15: CONFIDENT KIDS WORKSHOP

HOSTED BY NLP EXPERT DAVID SKYMAN

1.00-2.00: CIRCUS AND MUSIC JAM

3.00-4.00: MINDFUL PLAY: MEDITATION,
VARIOUS CREATIVE FUN!

PLUS: BOUNCY CASTLE OPEN ALL DAY!

-ART GALLERY-

- JAKE FERN: OIL POTRAITS / KAMIL WOJ: POTRAITS
- VIVIANNE BARZYK: INSTRUMENT PAINTING + MORE
- SINE MISSIONE- 'THE BANKSY OF LIVERPOOL'
- PAMELA BOARDMAN - SURREALIST ART FOR PEACE
- COLLECTIVE MURAL BOARD FOR PAINTING

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AUGUST
8TH TO 11TH

2024

NEW &
IMPROVED!
READ MORE!
AT OUR
WEBSITE!

4 DAYS & NIGHTS OF 100+ LIBERATING PERFORMANCES, WORKSHOPS & PANELS

DAY TICKETS NOW ONLINE!

PICK YOUR FAVOURITE DAY AND JOIN THE FUN! STRICTLY LIMITED.

GLAMPING OPTIONS RETURN! NEW & IMPROVED!

INCLUDE BED FRAMES, REAL MATTRESSES, FULL BEDDING, MIRROR,
FREE REFRESHMENTS AND MUCH MORE! LIMITED SUPPLY!



GLAMPING TENTS PROVIDED BY:



FREE ENTRY TO ALL CHILDREN UNDER 12. YOUTH + CONCESSIONS TICKETS WITH NO BOOKING FEES AT:

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